



Christian Family Movement of the Philippines

**Calendar of Activities
January – August 2020
By: Elliot & Grace Kam**



When we completed our 2-year term as CFM Philippines President-Couple on December 31, 2019, we looked forward to 2020 as a year of relaxation and vacation time. But, it was not meant to be as Covid19 disrupted all our plans.

This pandemic is a “game changer” so to speak. The Philippine economy may take 2 to 3 years to recover with millions of Filipinos out of work and a lot of small and medium companies out of business. The CFM Philippines and its programs were, also, affected.



The Encounter programs slated to be conducted at CFM Nazareth Home were cancelled and the quarterly Board of Directors and committee meetings were now done via ZOOM or Skype. Even the “Ala Una ang Pamilya” in Manila and the “Buhay Pamilya” in Naga City radio programs are now being aired through Facebook!

“Webinar” is now the by-word of most organizations including CFM and the succeeding slides are the activities we have done so far this year.

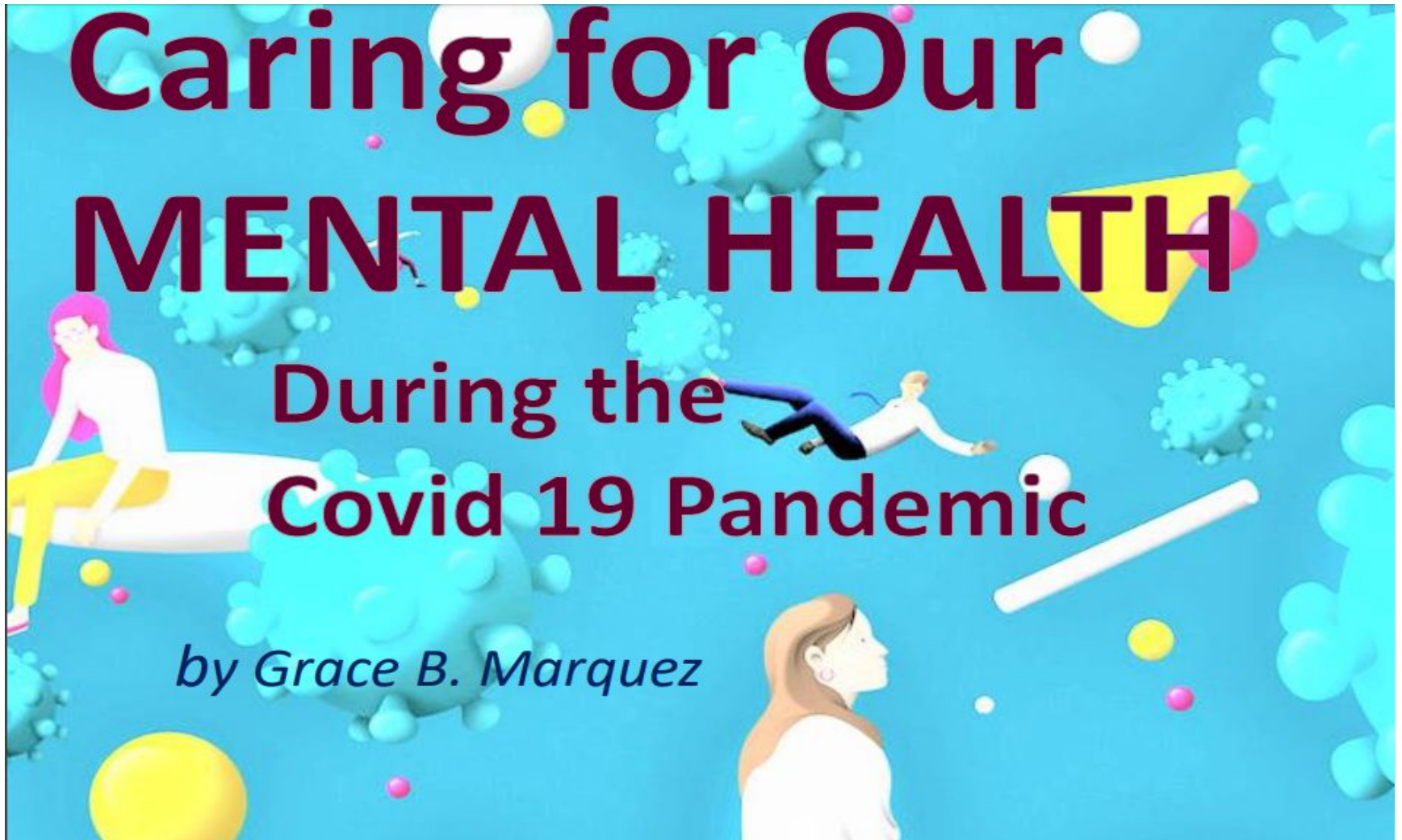


The 1st Webinar that CFM has done thru Grace Marquez, Formation Committee chairperson, with husband Joey Marquez on May 9, 2020.

Caring for Our MENTAL HEALTH

During the
Covid 19 Pandemic

by Grace B. Marquez





Bp. Gerardo Alminaza, CFM National Chaplain was next to give a talk May 30, 2020.

TENDING THE HOLY

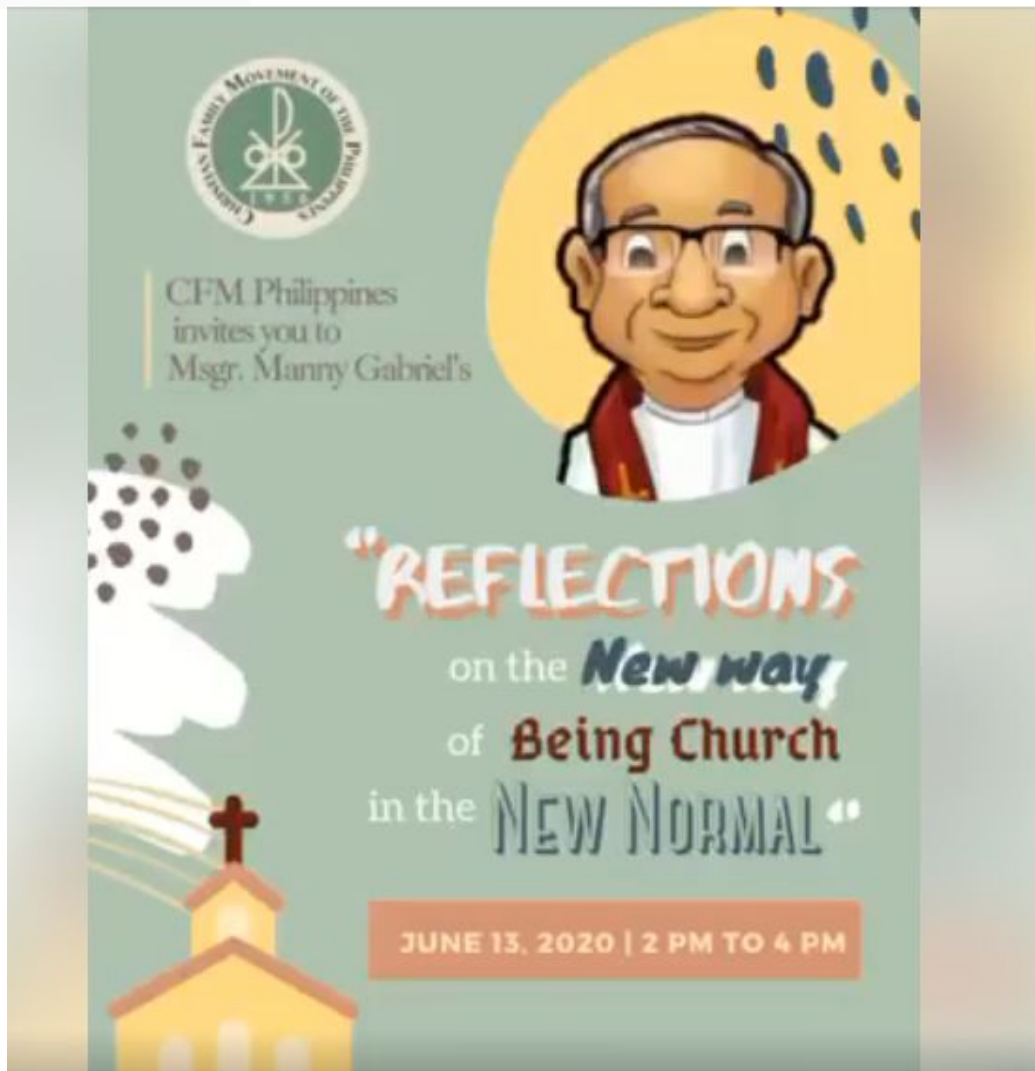
During & After the Pandemic

(A CFM Spiritual Journey in The New Normal)

with
**Most Rev. Gerardo A.
Alminaza, DD**



MAY 30 (Saturday) 2:00PM
Via Zoom Video App
Meeting ID **838 4980 0454**
Password **672247**



**Msgr. Manuel Gabriel, CFM
Asst. National Chaplain,
delivered a recollection on
June 13, 2020.**



Jorge and Josie Santamaria, former CFM Philippines President couple and current CFM Foundation President couple, gave a talk on Teamwork and Conflict Resolution on June 27, 2020.

CFM Philippines
Invites you to join a talk on

TEAMWORK
and **CONFLICT RESOLUTION**

JORGE & JOSIE SANTAMARIA
Speakers
Past President of CFM Philippines

2:00 - 4:00 PM SATURDAY June 27, 2020



Despite Covid19, CFM's 3rd radio program was launched in Naga City thru Radio Caritas Mariae on June 3, 2020. The program title is "BUHAY PAMILYA" and it airs every Wednesday 10:45am to 12 noon, hosted by Gie Alvina & Bernie Azores, both Self-Encounter graduates. The initial guests were, Fr. Patrick Villasanta, SDB (CFM Naga Spiritual Director) and Ver & Babes Arevalo (Area VP for South Luzon, via Zoom) .





The 'ABCs of Diabetes

(A Simple Way of Managing Diabetes)

July 18, 2020 | 2:00-4:00 PM | Saturday

Zoom Meeting ID:

239 192 7162

Password:

cfm2020

Speaker:





Anna Lucia "Annie" M. Lugay, RN



This webinar on Diabetes was conducted by CFM Youth leader, Annie Lugay, daughter of former CFM Philippines President couple, Pepe & Lina Lugay on July 18, 2020.



CFMers of Holy Family Parish doing a “dry run” before the webinar on Aug. 22, 2020 lead by Fr. Roy Rosales, HFP parish priest and Pasig Diocese Diocesan Director. Some CFM couples shared their personal experiences during the lockdown.

THE CHRISTIAN FAMILY MOVEMENT
in celebration of the
44th Foundation Day of the
HOLY FAMILY PARISH – KAPITOLYO PASIG


Invites you to the

FAMILY LIFE
IN THE NEW NORMAL


(Online Zoom Call Webinar)

22 Aug 2020 (Sat) 9:45AM – 12:00NN


Topics:




Rev. Fr. Jojo Opinio
“SPIRITUAL AND MENTAL
SELF-CARE IN THIS PANDEMIC”



Rev. Julius de Gracia
“GROWING IN RELATIONSHIP
IN THE NEW NORMAL”



Parish Priest, CFM Chaplain:
Message & Blessings
Rev. Fr. Roy Rosales



» OPEN TO ALL «

Register via our
CFM Google Form or **Text 0917-3263486**

It is a gripping novel written by a CFMer, Atty. Alex Lacson, that takes a comprehensive and wholistic view of the country's present-day social cancer, 133 years after Dr. Jose Rizal wrote his "NOLI ME TANGERE" in 1887.

Through the story of a poor family with five children, working in five different sectors, it tried to expose the various root causes of our country's social malaise at present, which results in the continuing massive poverty, powerlessness and misery among majority of the Filipino people.

The book is about the story of the Filipino in the last 500 years. It is about why we are what we are today. Why the Filipino is who and what he is today, in the eyes of his children, and in the eyes of the world.

There is so much history of the Filipino in the novel, but the book is also about love.

Dear Friends

May I invite you to the launching
of my new book?

August 31, 10am, Monday
(National Heroes Day)

ONLINE: Zoom ID 896 2627 7768 PW 081177
FB video (FB: Booklaunch - Alex Lacson)

Title of my new book:

**FIVE HUNDRED YEARS
WITHOUT LOVE**
by Alex Lacson

It's a novel that takes a comprehensive
and wholistic view of our country's
present-day social cancer, 133 years after
Jose Rizal wrote Noli Me Tangere in 1887.

3 Speakers:

Bishop Broderick Pabillo
Prof. Solita Monsod
Mr. Ben Punongbayan
Boy Abunda AS MODERATOR

Maraming salamat - Alex Lacson



**A CFM unit at the Immaculate Heart of Mary parish,
Cubao Diocese doing a unit meeting via ZOOM.**





**A CFM unit at the Holy Family parish, Pasig Diocese
doing a unit meeting via ZOOM.**



A Roxas



Dewie Elma



Jessica Veronique O. Yu



Anna Fernandez



One of the monthly meetings of the Spirituality of Stewardship committee via ZOOM.

Total non-video participants: 1



CFM Spirituality of Stewardship (SoS)

Project Damayan *(to care for, to help one another)*

I: Spirituality of Stewardship (SOS) Program

On August 17, 2019, the CFM Philippines decided to take up again the Spirituality of Stewardship (SoS) into its program. The joy of renewal was so overwhelming that on the same meeting, a Stewardship Committee was formed among the Officers tasked to develop and implement a Stewardship Program.

The CFM Stewardship Program envisions a community of Christian families witnessing to Christ's call to Stewardship as a way of life. To achieve its vision, it shall continuously evangelize the CFM members on the Spirituality of Stewardship and to enable the members to use their time, talent and treasure, through the various programs and advocacies of the organization. The plans and programs for the next two years were approved by the CFM Board of Directors on February 8, 2020.

In the same meeting, the officers and members of CFM Philippines offered their pledges of treasure in monthly, quarterly and annual basis to the CFM Stewardship Fund. It was a moving ceremony, led with a prayer, each offeror placing his/her pledge in an envelope into a box in front of a crucifix.

II: The SOS "Damayan Project"

On May 1, during the Board of Directors meeting of CFM Philippines, via ZOOM teleconferencing, the idea of making a nationwide inventory of financially-challenged CFM families, or those who were adversely affected by the Covid19 pandemic, and the possibility of forming a "Damayan Project" for them, was discussed.

On May 15, a list of 252 CFM needy families was compiled, based on the reports from our Area Vice-Presidents and Diocesan leaders nationwide. These are families of drivers (pedicabs, tricycles, jeepneys), market vendors, balut vendors, construction workers, tenant farmers, coconut farmers, farm workers, no work no pay workers. Most of these families were just earning around P5,000 (US\$100) or less a month.

These families are from 8 Dioceses - 25 families from San Jose, Nueva Ecija; 10 from Iba, Zambales; 38 from Pangasinan; 41 from Pampanga; 68 from Malolos and Meycauayan, Bulacan; 4 from Pandacan, Manila; 22 from Cagayan De Oro; and 40 from Zamboanga City.

We believe that our CFM Damayan Project was a huge success, as it was able to help the needy family members of our community.



Christian Family
Movement of the
Philippines

WE NEED YOUR HELP!



An Appeal for Support to CFM
Financially-Challenged Families

CFM DAMAYAN PROJECT

333 CFM Families need your help!



WE APPEAL TO YOUR KIND AND
GENEROUS HEARTS ON BEHALF OF OUR
FELLOW CFMERS WHO ARE
FINANCIALLY-CHALLENGED DURING THE
COVID PANDEMIC.

333 CFM Families

ARE IN NEED OF YOUR HELP





Tack ju faleminderit dank u
 Asante 谢谢 Tak multumesc
 kiitos **Salamat!** Gracias
 Terima kasih Aliquam
 Merci **Dankie** Obrigado
 ありがとう köszönöm grazie
 Aliquam Go raibh maith agat
 děkuji **Thank you**

감사합니다
 takk obrigado
 ARIGATO
 TEŞEKKÜR EDERİM
 MUCHAS GRACIAS
 MULTUMESC
 PALDIES
 grazas
 THANK YOU
 MERCI
 多謝
 merci
 ARIGATO
 謝謝
 DANK U
 merci
 謝謝
 DANK U
 mesi
 kösz
 TAK
GRACIAS
 THANKS
 TACK
 hvala
 vielen dank
 danke
 TAK
 NA GODE
 благодаря
 Gracies
 DANK U
 OBRIGADO
 merci
 TACK
 ARIGATO
 どうも
 grazie
 danke schön
 TAK